

2024 WSGC - Women

Session Summary

Jan 12-14, 2024

Friday, January 12, 2024	Session: 0	Open Warmup	Timed Warm-U
Set-Up	# Gymnasts 0	March-In	Awards
Gym	Level	# Gymnasts	

Friday, January 12, 2024	Session: 01	Open Warmup 1:00 PM	Timed Warm-U 1:30 PM		
Bronze	# Gymnasts 71	March-In 1:20 PM	Awards 3:05 PM		
Flight A (34 gymnasts)		Flight B (37 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Hillsborough Gym	XB	5	Gymcarolina	XB	24
NC Countryside	2	10	NC Stanly County	XB	3
NC Top Notch	XB	5	Team Hahn	XB	10
NC Tri County	XB	14			

Friday, January 12, 2024	Session: 02	Open Warmup 3:05 PM	Timed Warm-U 3:35 PM		
Silver	# Gymnasts 63	March-In 3:25 PM	Awards 6:05 PM		
Flight A (37 gymnasts)		Flight B (26 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Gymcarolina	XS	17	NC Countryside	XS	5
NC Triumph	XS	10	NC Langley Gymnastic	XS	8
NC Yadkin Valley Gym	XS	10	NC Stanly County	XS	13

Friday, January 12, 2024	Session: 03	Open Warmup 6:05 PM	Timed Warm-U 6:35 PM		
Gold	# Gymnasts 70	March-In 6:25 PM	Awards 8:45 PM		
Flight A (39 gymnasts)		Flight B (31 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Countryside	XG	4	Gymcarolina	XG	12
NC Top Notch	XG	9	Hillsborough Gym	XG	3
NC Triumph	XG	10	NC Stanly County	XG	7
NC Yadkin Valley Gym	XG	6	Team Hahn	XG	6
Simpsonville	XG	10	VA Brga	XG	3

Saturday, January 13, 2024	Session: 04	Open Warmup 8:00 AM	Timed Warm-U 8:30 AM		
Silver	# Gymnasts 69	March-In 8:20 AM	Awards 10:50 AM		
Flight A (35 gymnasts)		Flight B (34 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Salem Gymnastics	XS	9	Gymcarolina	XS	17
NC Tri County	XS	18	Hillsborough Gym	XS	3
VA Brga	XS	8	Team Hahn	XS	14

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Saturday, January 13, 2024 Diamond & Sapphire			Session: 05 # Gymnasts 50	Open Warmup 10:50 AM March-In 11:10 AM	Timed Warm-U 11:20 AM Awards 2:20 PM
Flight A (30 gymnasts)			Flight B (20 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Central Carolina Gym	XD	5	NC Countryside	XSA	3
Central Carolina Gym	XSA	4	NC Southeastern-USAG	XD	4
NC Charlotte Gym	XD	2	NC Top Notch	XD	2
NC Raleigh School	XD	8	NC Triumph	XD	5
NC Salem Gymnastics	XD	8	NC Yadkin Valley Gym	XD	1
Simpsonville	XD	1	Team Hahn	XD	4
VA Brga	XD	2	Team Hahn	XSA	1

Friday, January 12, 2024 Level 6 & 7			Session: 06 # Gymnasts 62	Open Warmup 2:20 PM March-In 2:40 PM	Timed Warm-U 2:50 PM Awards 5:35 PM
Flight A (32 gymnasts)			Flight B (30 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Countryside	6	3	NC Gym-Fit	7	3
NC Countryside	7	4	NC Raleigh School	6	14
NC Langley Gymnastic	7	1	NC Raleigh School	7	8
NC Salem Gymnastics	6	11	NC Stanly County	6	3
NC Salem Gymnastics	7	2	NC Stanly County	7	2
NC Top Notch	6	2			
NC Triumph	6	5			
NC Triumph	7	2			
Team Hahn	7	2			

Saturday, January 13, 2024 Level 8-10			Session: 07 # Gymnasts 38	Open Warmup 5:35 PM March-In 5:55 PM	Timed Warm-U 6:05 PM Awards 8:45 PM
Flight A (20 gymnasts)			Flight B (18 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Langley Gymnastic	9	5	NC Gym-Fit	9	1
NC Salem Gymnastics	10	2	NC Raleigh School	10	3
NC Salem Gymnastics	8	5	NC Raleigh School	8	3
NC Salem Gymnastics	9	4	NC Raleigh School	9	1
NC Triumph	8	2	NC Stanly County	9	1
NC Triumph	9	1	NC Top Notch	8	4
NC Yadkin Valley Gym	8	1	Team Hahn	8	2
			Team Hahn	9	3

Sunday, January 14, 2024 Gold & Level 4 & 5			Session: 08 # Gymnasts 70	Open Warmup 8:00 AM March-In 8:20 AM	Timed Warm-U 8:30 AM Awards 10:50 AM
Flight A (34 gymnasts)			Flight B (36 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Countryside	4	10	NC Langley Gymnastic	XG	2
NC Countryside	5	6	NC Salem Gymnastics	XG	19
NC Raleigh School	XG	18	NC Southeastern-USAG	XG	6
			NC Tri County	XG	9

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Sunday, January 14, 2024			Session: 09			Open Warmup 10:50 AM			Timed Warm-U 11:20 AM		
Silver & Level 3			# Gymnasts 69			March-In 11:10 AM			Awards 1:40 PM		
Flight A (30 gymnasts)						Flight B (39 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Countryside	3	13	NC Kidsport Gymnasti	XS	11	NC Southeastern-USAG	XS	23	NC Top Notch	XS	5
NC Raleigh School	XS	17									

Sunday, January 14, 2024			Session: 10			Open Warmup 1:40 PM			Timed Warm-U 2:10 PM		
Bronze & Level 2			# Gymnasts 72			March-In 2:00 PM			Awards 4:15 PM		
Flight A (37 gymnasts)						Flight B (35 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
NC Langley Gymnastic	XB	2	Gymcarolina	XB	19	NC Kidsport Gymnasti	XB	8	NC Raleigh School	XB	8
NC Southeastern-USAG	XB	23									
NC Triumph	XB	8									
VA Brga	XB	4									

Sunday, January 14, 2024			Session: 11			Open Warmup 4:15 PM			Timed Warm-U 4:45 PM		
Platinum			# Gymnasts 73			March-In 4:35 PM			Awards 8:00 PM		
Flight A (36 gymnasts)						Flight B (37 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Gymcarolina	XP	4	NC Raleigh School	XP	2	NC Southeastern-USAG	XP	9	NC Stanly County	XP	10
Hillsborough Gym	XP	3				NC Top Notch	XP	10	NC Tri County	XP	6
NC Langley Gymnastic	XP	4									
NC Triumph	XP	10									
NC Yadkin Valley Gym	XP	5									
Simpsonville	XP	2									
Team Hahn	XP	2									
VA Brga	XP	6									